

HYMN 143

The glory of these forty days
we celebrate with songs of praise;
for Christ, by whom all things were made,
himself has fasted and has prayed.

Alone and fasting Moses saw
the loving God who gave the law;
and to Elijah, fasting, came
the steeds and chariots of flame.

So Daniel trained his mystic sight,
delivered from the lions' might;
and John, the Bridegroom's friend, became
the herald of Messiah's name.

Then grant us, Lord, like them to be
full oft in fast and prayer with thee;
our spirits strengthen with thy grace,
and give us joy to see thy face.

O Father, Son, and Spirit blest,
to thee be every prayer addressed,
who art in three-fold Name adored,
from age to age, the only Lord.

HYMN 456

O love of God, how strong and true,
eternal and yet ever new;
uncomprehended and unbought,
beyond all knowledge and all thought.

O wide-embracing, wondrous Love,
we read thee in the sky above;
we read thee in the earth below,
in seas that swell and streams that flow.

We read thee best in him who came
to bear for us the cross of shame,
sent by the Father from on high,
our life to live, our death to die.

We read thy power to bless and save
e'en in the darkness of the grave;
still more in resurrection light
we read the fullness of thy might.